

**Aiming High
for
Disabled Children**

NEWSLETTER TO PARENTS

BUMPER SUMMER EDITION 2010

Hello All,

Welcome to the bumper edition of the Aiming High newsletter. We will be giving you details to of the exciting new short break activities that we have funded following your input at the parent forums. There are also details of all the upcoming forum dates for your diaries as we appreciate you need enough notice to attend these. This forum is open to all parents and is your parent group so please come along.

We really hope you will like the new short break services and activities we can't wait to hear your views on them! You can do this by visiting our eforum -

<http://www.traffordparentpartnership.co.uk/traffordforum.aspx>

Or contact Kaye Hadfield Short Breaks Coordinator on the details below

If you would like to receive this newsletter by email or would like to join our mailing list please contact:

Kaye Hadfield Short Breaks Coordinator.

Email: kaye.hadfield@trafford.gov.uk

Telephone: 0161 912 4023

Hope to see you all soon!

Aiming High Team

(Amy, Jim, Nicky, Geraldine and Kaye)

Aiming High for Disabled Children

NEW SHORT BREAK ACTIVITIES

A quick background

Under Aiming High money has been given to local authorities to develop short breaks services and activities for families. A short break may include day, evening, overnight or weekend activities and could take place at home, at an approved carer's home or in a community or residential setting. It can also mean supporting parents in their caring role so that the whole family can enjoy activities together. Short breaks would include specialist leisure activities for disabled children. We asked parents to score applications from those organisations who bid for money to put on short breaks.

Here are the details of where funding has gone on our latest short break activities thanks to all of you for your input in deciding these!!!! We will also give you the details of where capital money (to equipment and buildings) has been given.

Wheels for All

Money has been given for Wheels for All

project to run cycling sessions with Trafford families and to purchase some specially adapted bikes for Trafford.

Adapted bikes for the whole family to enjoy!! Bikes are suitable for all ages and abilities. Weekly sessions for schools and families at Longford Park every Friday 10am-12pm. All schools welcome.

Lots more holiday and weekend sessions coming soon!

We will be discussing the proposed dates and times of the cycling sessions for families at the next parent forum to make sure the sessions are put on for the best time for families.

**We will have regular session dates soon.
For more information and additional dates please contact
01925 234213 or 07704167085**



Phab Inclusive Living Experience – Holiday at Dukes Barn Outdoor Activity Centre



Phab will be providing a 5 day outdoor holiday activity on the 9th – 13th August 2010 for 9-16year olds (this age range is a guideline only) enabling children and young people with and without disabilities to spend a week together at an accessible outdoor activity centre.

Each project provides a safe, supportive environment which builds self-confidence, encourages people to explore their horizons, learn new skills and make new friends.

There will be staff available to help supervise participants, but if a child has complex health needs or requires a lot of personal care then a carer must be provided.

**For more information and to get an application form
please contact :**

**Rebecca Hargreaves Phab on 01254 824784 or
rebecca.hargreaves@phab.org.uk**

Sensory Impairment Service

Funding has been given to the Sensory Impairment Service to provide more social activities for children and young people who have sensory impairments.



The service will be delivering 12 sessions of social activities to those children whose impairment means they cannot access social activities without a parent or carer : 6 for visually impaired children and 6 for hearing-impaired children. These activities will take place for 2-3 hours in the evening, weekends and school holidays.

They will also be offering some one-to-one support for children in accessing mainstream activities such as sports/brownies/cubs etc where children require specialist support.

These activities give the opportunity for visually and hearing impaired children to meet together with other children and young people with similar disabilities.

The social activities help promote positive relationships between the young people in informal and fun environments.

For more information please contact the team at 0161 912 5526

Henshaws



Henshaws will be running holiday activities for visually impaired children. The Short breaks programme includes indoor and outdoor activities, light-based sensory therapies, day trips to places of interest, and family events. The activities enable visually impaired children to learn new things while having fun, increase their self-confidence and social skills, and safely explore the outside world.

Our services are flexible so that parents and siblings can, if they wish, participate in our day trips and events.

Henshaws also run a support group for parents who are themselves visually impaired.

The short break programme will run for three days a week during the school holidays and includes:

- Weekly indoor activities including drama, music, arts and crafts, and sports
- Weekly outdoor activities such as bowling, horse riding and sailing especially adapted for visually impaired children
- Sessions in our multi sensory light and playroom to stimulate remaining vision
- Use of our soft play area and toy library stocked with tactile and audio toys
- A programme of day trips to local places of interest and leisure facilities such as museums, zoos, theatres, galleries, cafes and restaurants. South Manchester libraries.

For more information please contact Zahida Khan or Glynis Howard on 0161 872 1234

Home from Home Carer

Using the Aiming High funding, the Children with Disabilities team will be employing a multilink carer/s

specifically for supporting children with complex health needs and physical disabilities. This carer will be trained to support children who require medication, PEG feeding and will be able to support children long term with complex health needs and physical disabilities.



Continued over

The grant will provide the recruited carer with the adaptations and equipment needed to support children/young people with complex health needs and physical disabilities. These include a hoist and sling, a rise and fall bed, if the child's bedroom in the property is upstairs a stair lift or a lift is required, bathroom adaptations and ramps so the child can gain access to the house or bungalow.

This carer provides family based care (both overnight and day) in and outside their home for the child, and the opportunity for their child to build up a relationship with the carer. Carers support children aged 0 -18 years of age.

This support is accessed through a Social worker. For more information please contact the Children with Disabilities team on 0161 912 2060

Direct Payments



Money has also been given to support Direct Payments for families.

Direct Payments are an innovative way to meet your child's support needs. If your child has a disability and requires support at school or with daily activities you may be eligible for Direct Payments.

You could receive a Direct Payment to purchase additional support that you can use throughout the year in a flexible way. The hours can be used to support your child with many varied activities in the community.

You can employ a Personal Assistant (PA) to work with your child, giving you the choice & control of when you use the hours. The Direct Payment can pay for the Personal assistants time, recruitment costs (including CRB checks) and a small admin budget to manage the scheme.

Your child's social worker can refer you to us, or contact Trafford's Multi-Agency and Assessment Team on 0161 912 5125 if your child does not currently have a social worker.

Contact the Direct Payments Team for more info on: 0161 912 2701

Mencap - August Day Care



Mencap will be delivering a day care scheme (with the option of full and half days) for children and young people with learning disabilities aged 9-19. The scheme will be delivered out of Brentwood school but will also include visits to local places of interest, the cinema, ten pin bowling, swimming and other activities.

The Scheme will run 5 days per week, for three weeks from Monday 2nd August to Friday 20th August August, between 9.30 am and 3.30 pm.

To request an application form and for more information please contact Noeleen Kearns on 0161 928 5678 or email: admmencap@aol.com

Sports Development-Playground to Podium Project

Playground To Podium is a national strategy for the Identification, development and support of talented young disabled athletes. It forms a pathway which will take young disabled people from PE, through participation, to high level performance and competition.



The aim of the programme is to provide high quality sports provision to our young disabled pupils and develop their confidence and self belief. All pupils in Key Stage 2,3 and 4 are welcome to be involved.

Trafford are very excited to be commencing this programme in September 2010. Leading up to the launch we have a community sports club available to all our special needs pupils free of charge. The remaining dates for the club are 5th and 12th July. It will take place at Ashton on Mersey Sports College from 4.30-5.30pm.

Watch this space for more information about next year's community club and Talent Identification Days.

To book a place on the club please contact Jo Lamb on jlamb@flixtongirls.trafford.sch.uk or to find out more information please phone Belinda Cashin - Trafford Inclusion School Sport Coordinator on 07837 186 208.

Capital Funding

Aiming High also gave money to capital projects to make buildings and equipment more accessible to children, young people and their families.

Trafford Leisure Trust

Trafford Leisure Trust will be developing an interactive and inclusive sports fitness suite at Sale Leisure centre that uses modern technology to develop the fitness of disabled children and young people. The Leisure Trust will be consulting with families on the best equipment to use and will be having a launch of the suite when the work has finished- so watch this space!!!



George Carnell-Changing Place

We will be building a changing place fitted into George Carnell Leisure Centre. George Carnell is the only inclusive fitness centre in Trafford. Special schools also now attend the gym. Any family can access the changing place if they are in the area. This facility should be finished by the end of this year. We will keep you posted!

Stockdales – residential care

Stockdales have received funding for sensory and play equipment, to support children and young people in their facilities to have opportunity for a short break.

Gorse Hill Studios

Gorse Hill Studios is a music and arts centre dedicated to young people's development in music and the arts. Gorse Hill will receive funding for a sensory sound system, some dance mats and visual arts equipment to support children and young people with disabilities to access arts activities. For more



information please contact 0161 864 1745 (Music Studio) 0161 912 5251 (Arts)

Davhulme Youth Group

Davyhulme Youth Club will be developing its DJ booth and IT suite for children and young people with disabilities. The youth club is open to children/young people aged 11-25 on a Tuesday evening. For more information please phone the centre on 0161 912 4899



COMING SOON!!!.....

Sportism

Sportism is a leisure group for children with autism run by parents operating out of George Carnell Leisure Centre. Sessions will be advertised very shortly so watch this space!

Trafford Leisure Trust

Trafford Leisure Trust will be developing swimming and trampoline sessions specifically for children and young people with disabilities. There will also be family fun sessions in the holidays. As soon as we have dates and venues you will be the first to know. **We know how important this is to you!**



Youth Service

Will be developing activities for children and young people to access with disabilities to access youth services across the borough.

Mum's and Tots

Mencap will be starting an inclusive Mum's and Tots group for mums of children, both with and without a disability.

Siblings Group

Mencap will be developing a youth group project to support siblings of young people with a disability.

Longford Park

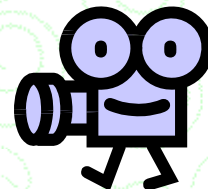
The parks are currently consulting with parents on the development of a sensory trail and changing place. They will be speaking to parents at the next parent forum meeting

We hope to have the final details of these in our next newsletter.

Aiming High for Disabled Children

NAS Buddying scheme

Please note there are still spaces left for the National Autistic Society's Buddying Scheme.

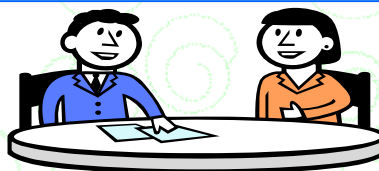


NAS match volunteers aged 16 to 19 years old to young people aged 11-16 with an autism spectrum disorder on a one-to-one basis. The aim is to enable young people with an ASD and Aspergers be supported to take part in mainstream activities in the Trafford area such as going to the cinema, meeting for lunch or going bowling as well as having the option of accessing youth groups and sports clubs with their buddy.

If you feel this is something you would like your child to do and would like to find out more about please contact Clare on 0161 945 6830 or e-mail at clare.naylor@nas.org.uk

Aiming High for Disabled Children

Parent Forum Future Dates:



Date	Time	Venue
28/06/10 OR 29/06/10	10.00am-12.00pm 06.30-8.30pm	Sale West Children's Centre, Coppice Avenue Sale West Development Centre
20/07/10 OR 21/07/10	11am-1pm 6.30-8.30pm	Flixton and Woodsend Children's Centre (Crèche available) VCAT, Park House, 23 Nothenden Road, Sale, M33 2DG
20/09/10 OR 21/09/10	10.00am-12.00pm 6.30-8.30pm	Venue to be confirmed
25/10/10 OR 26/10/10	10.00am-12.00pm 6.30-8.30pm	Venue To be confirmed
29/11/10 OR 30/11/10	10.00-12.00pm 6.30-8.30pm	Venue to be confirmed.

As soon as we have the venues booked we will let you know so please put in your diaries now and will look forward to seeing you there!

Remember you can check dates of activities and parent forums at our online Short Breaks Calendar:



<http://bit.ly/b1vmLo>

Or if you're reading this electronically click on the link below

[Trafford Aiming High Short Breaks Calendar](#)

Coming to a school near you.....

Jim Wagg and Kaye Hadfield will be visiting some mainstream schools and specialist units to put on open meetings for parents about Aiming High. These meetings will be open to all parents not just those who have children attending that school so watch out for the details. The more the merrier!

In the next edition of the newsletter.....

More Details of Short Break Activities

Watch out for an update from one of the members of our parent forum of what's been going on with parents in the next newsletter!!!

Meet the Team details and mug shots (sorry!) of everyone you may have already seen involved in Aiming High.

New to Aiming High or want more info?
Or would you like anything included in the next newsletter?
Please contact Kaye Hadfield Short Breaks Coordinator
Kaye.Hadfield@trafford.gov.uk
0161 912 4023