

OTHER SUPPORT AVAILABLE:

National NHS Breastfeeding Helpline:
0300 100 0212

Breastfeeding Support in Bengali and Sylheti:
0300 456 2421
www.breastfeeding.nhs.uk

The Breastfeeding Network
www.breastfeedingnetwork.org.uk

Association of Breastfeeding mothers
www.abm.me.uk

La Leche League Helpline:
0845 120 2918
www.laleche.org.uk

NCT Breastfeeding Helpline:
0300 330 00 771
www.nct.org.uk

Pregnant?

Want to know more about breastfeeding?

Started breastfeeding?

Want to meet other breastfeeding mums?

**We have a range of breastfeeding support
and education in Trafford**

Breastfeeding Support in Trafford



Sure Start
Children's Centres
Trafford



Trafford Breastfeeding Drop-ins

Each drop-In has:

- Trained local breastfeeding mums (peer supporters)
- Support from a health professional and children's centre worker
- Library of resources
- Regular visit by a qualified breastfeeding counsellor (IBCLC) (see individual drop-ins)*

Educational topics

***Come Along To
Our
Friendly Drop-Ins!***

**For more information contact:
Jackie Hall
Infant Feeding Coordinator
0789 448 9937**

Monday

1pm - 3pm
Mum and baby café
Firwood Children's Centre
Next to Firwood Primary School
Warwick Court M16 OGR
Tel 0161 912 5542

*bf counsellor 1st & 3rd week of the month from Nov`09

Tuesday

12pm - 1pm
Davyhulme Children's Centre
Hayeswater Road
C/O Davyhulme Library M41 7BL

Tel 0161 912 2880

*bf counsellor 2nd week of the month from Jan`10

Tuesday

1.30pm - 3pm
Sale Children's Centre
C/O Lime Tree School
Budworth Road M33 2RP

Tel 0161 973 1554

*bf counsellor 4th week of the month from Jan`10

Wednesday

9.30am - 11am
Partington and Carrington Children's Centre
Central Road
Partington M31 4FL
Tel 0161 912 2122

*bf counsellor 2nd week of the month from Jan`10

Wednesday

1pm - 3pm
Broadheath and Dunham Children's Centre, C/O Broadheath School
Sinderland Road
Broadheath WA14 5JQ
Tel 0161 912 5821

*bf counsellor 4th week of the month from Dec`09

Thursday

9.30am - 11.30am
Baby Café
Sale West Community Centre
Newbury Avenue
Sale M33 4QW
Tel 0161 912 2431

*bf counsellor 1st week of the month from Dec`09

Thursday

1.30pm - 3pm
Broomwood and Timperley Children's Centre
Mainwood Road
Timperley WA15 7JU
Tel 0161 912 5828

*bf counsellor 1st week of the month from Jan`10

Friday

1pm - 3pm
Stretford Children's Centre
9 Poplar Road
Stretford M32 9AN
Tel 0161 912 5020 creche

*bf counsellor every week 1-3pm, except the 5th week of the month from Nov`09