

# Broadheath, Dunham, Bowdon & Hale Children's Centre Newsletter

## Summer Holiday Activities Outdoor Toddler Gym and Stories in the Park



Stories in John Leigh Park

Children, parents and staff enjoyed outdoor summer holiday activities in John Leigh Park and at the Children's Centre in Broadheath Nursery Garden.



Toddler Gym

Welcome to  
Terry McKernan,  
Employment and  
Training Officer



Please contact us here at the Centre to make an appointment to speak to our new Employment & Training Officer Terry McKernan on 0161 912 5821.

He can offer advice and support on a variety of issues including:-

- Encouragement and support parents to access opportunities to training, learning and returning to employment.
- Identify relevant courses in Trafford and also the community for parents to access.
- Organise and support employability sessions/courses to assist parents who wish to return to work e.g. CV's, online application forms.
- Offer advice and signposting to further support on various issues that can act as a barrier to progression such as:
  - Childcare
  - Working Tax Credit
  - Benefits
  - Volunteering Opportunities
  - Confidence Building
  - Debt
  - Housing

Join our  
'5 a day  
Challenge'  
here at  
**Broadheath Children's  
Centre 'Toddler Gym'**



**Fitness and  
Fun for your  
little one!**



## Circus Event at Hale Library & Formby Sands Day Trip



Exciting creative circus themed activities took place at Hale Library on Friday 19th August and also everyone thoroughly enjoyed the day trip to 'Formby Sands' on Tuesday 23rd August.



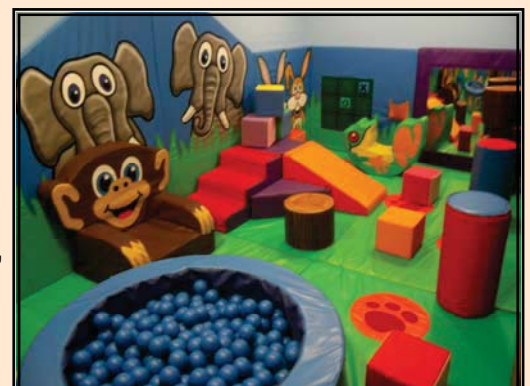
## ★ Parent craft-classes ★ New to Broadheath

We have parent craft classes starting here at Broadheath and Dunham Centre from 4th October, four weekly sessions :-  
Labour & Pain Relief, Physio, Breastfeeding, Taking Baby Home & Early Days.

Please ring the Centre to book your place.

## The Hub—Altrincham

The Hub Community Centre is a partnership between Trafford Council and Altrincham Baptist Church (ABC), providing a community building for Trafford residents from which to develop community. The Hub is based on Pownall Road, Altrincham and has lots of activities for children under and over 5's such as Baby & Toddler Cafe, Toddler Group (soft play area), Little Hub Club.



For more detailed information including dates and times please contact The Hub on 0161 941 2018 or e-mail [info@ourhub.org](mailto:info@ourhub.org) The team will be more than happy to help.