

The staff bulletin is issued every Tuesday. If you know anybody who doesn't receive this bulletin or if you would like to include something then let us know:
E-mail staffnews@trafford.nhs.uk or call 0161 873 9576.

What's new?

NHS pension choice exercise

The NHS Pension Choice exercise will give all eligible members of the NHS Pension Scheme a one-off option to transfer all of their membership from the 1995 Section into the 2008 Section if they wish. To read more, [click here](#).

New expense claim form deadlines

The deadline dates for expense claim forms to be received have now changed, [click here](#) to read more.

Senior management internships for black and minority ethnic staff

NHS North West (SHA) has developed a scheme for Senior Management Internships. There are up to three placements that are available from autumn 2009 starting at agenda for change pay band 8b. To read more, [click here](#).

Phishing scam

Staff should be aware of e-mails purporting to be from HM Revenue & Customs (HMRC) asking for account and payment details. HMRC's specialist team has advised that you do not to divulge any personal or payment information via e-mail. If you have already done so you should report the matter to your card-issuer as soon as possible.

New Macmillan helpline number - 0808 808 00 00

On Thursday 1 October Macmillan will be launching their new phone service and website. To find out more, [click here](#).

InnovateNoW

The InnovateNoW programme has been set up to help organisations and partnerships work towards encouraging quality, innovation, productivity and prevention. To find out more and to get involved, [click here](#).

Costco promotion

Costco will be promoting their service at Oakland House and at November's 'key issues'. To find out more, [click here](#).

NHS graduate management scheme

The recruitment process for the September 2010 intake has recently commenced and applications will be accepted up until Tuesday 15 December 2009. [Learn more here.](#)

Health and wellbeing update page

[Click here](#) to view the 'all new' health and wellbeing update page. Here you can find out about the latest run of Latin American dance classes, how to get support in losing weight, a new swimming challenge and much more.

Training & development

For further information or to book on any of the following training courses, please seek approval from your line manager and contact:

training.administration@trafford.nhs.uk / 0161 873 9545.

Grievance Policy and Dignity at Work

Thursday 1 October, 9am -12noon at Seymour Grove Health Centre (common room)

PDPs and KSFs Training *for line managers*

Friday 2 October, 9.30am -12.30pm, 3rd floor main meeting room, Oakland House

Corporate Induction / Key Issues

Tuesday 6 October, 8.45am - 4.15pm at the George Carnall Leisure Centre

Smoking cessation intermediate intervention training for healthcare professionals

Tuesday 6 October, 9.15am - 4.15pm at the Education Centre, Classroom 2, Trafford General Hospital

Leave Policy

Friday 9 October, 9.30am -12.30pm, Timperley Health Centre (common room)

Conflict Resolution Refresher Training

If you attended conflict resolution training in 2004/2005 or in 2006 you will be due to attend a refresher session, and upcoming dates are detailed below:

- Monday 12 October, 1pm-4.30pm, 3rd floor meeting room at Oakland House
- Tuesday 10 November, 1pm-4.30pm, One Stop Resource Centre in Sale
- Wednesday 16 December, 9.30am-1pm, One Stop Resource Centre in Sale

Absence Awareness

Tuesday 13 October, 9.30am -11.30pm, Seymour Grove Health Centre (common room)

Basic Life Support

Tuesday 13 October, 9am - 12noon / 1.45pm - 4.45pm at Stretford Leisure Centre

Finance session (for managers)

Tuesday 13 October, 1.30pm - 4.30pm at George Carnall Leisure Centre

Patient Manual Handling

Thursday 15 October, 1pm-4.45pm at Stretford Leisure Centre

Appointed persons first aid training

Wednesday 11 November, 9.30am - 4.30pm, George Carnall Leisure Centre

Smoking cessation brief intervention training for healthcare professionals

Tuesday 8 December. 1.30pm - 4.30pm at Stretford Leisure Centre

Events

Supporting disadvantaged families workshops

As part of embedding the Think Family ethos across Trafford, another round of consultation workshops is being held. To find out more, [click here](#).

Integrated working and commissioning awareness event

To find out more, [click here](#).

Useful information

Have your say

A new health and wellbeing questionnaire is now available online. Please take time to [click here](#) and complete.

October is Lupus awareness month

Find out how you can be involved in raising awareness by [clicking here](#).